

From Fibroids Survivor to Health Activist: My 3 Laws of Exceptional Patient Care

@CoachGessie | #DeToxLiving | TheDeToxNow.com





Our 1M Baby Journey

14 Years Battling Fibroids

10 Years Battling Infertility

10 Surgeries: 5 Fibroid and 5 Complications

5 IVF Cycles

120+ Combined Days in the Hospital

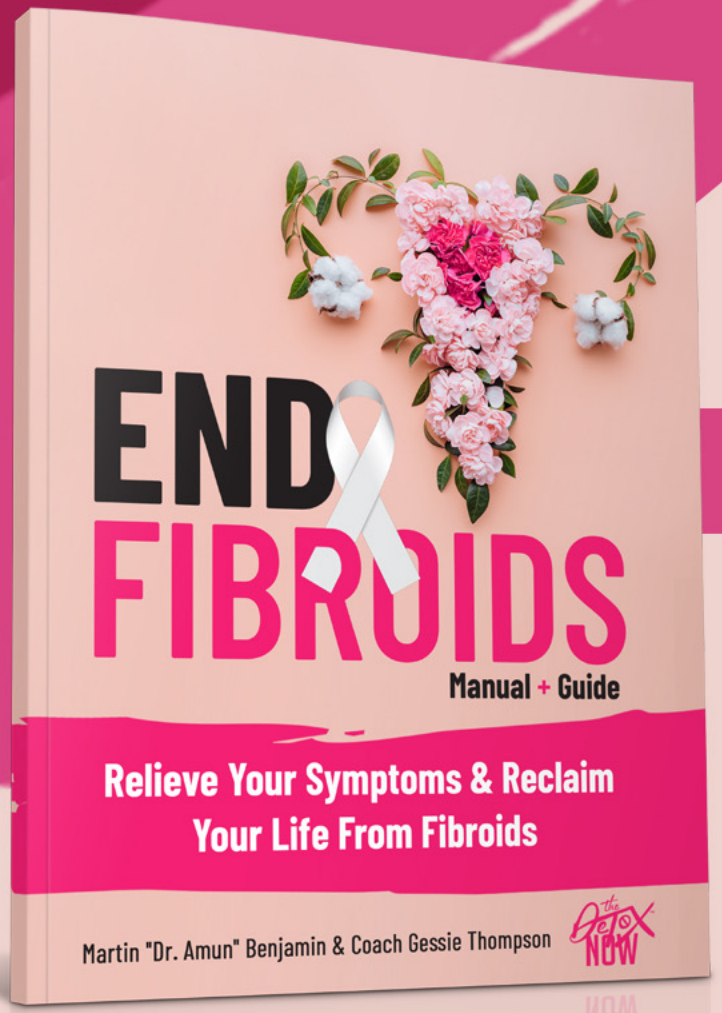
Our Baby Fighting the Fibroids for Her Life

My heart Flatlining on the Delivery Table









END FIBROIDS
Manual + Guide

GYNECOLOGIST RECOMMENDED

"This book is a comprehensive manual that provides an integrative understanding of the why behind fibroids and a vision for helping women gracefully reclaim their lives from fibroids."
Soyini Hawkins, MD MPH FACOG

TheDeToxNow.com/FIBROIDS



COACH Gessie

Fibroids Survivor, Health Activist, Media Personality, Founder

Watch:

Coach Gessie's Black Maternal Health Near Miss



SUPPLEMENT TO PREVENT

Know Better. Do Better. Live Better

Know Better.

Visit our site to take the TDN Quiz to assess your health concerns and get the best regimens to help prevent, reverse and maintain optimal health.

Do Better.

Our consultations, coaching, supplements and fasts provide you with the tools you need to create a balanced healthy life.

Live Better.

With the right supplement plan and consistency you will change your quality of life and reduce your chances for chronic diseases.

TheDeToxNow.com

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@Dr_Amun.Neb
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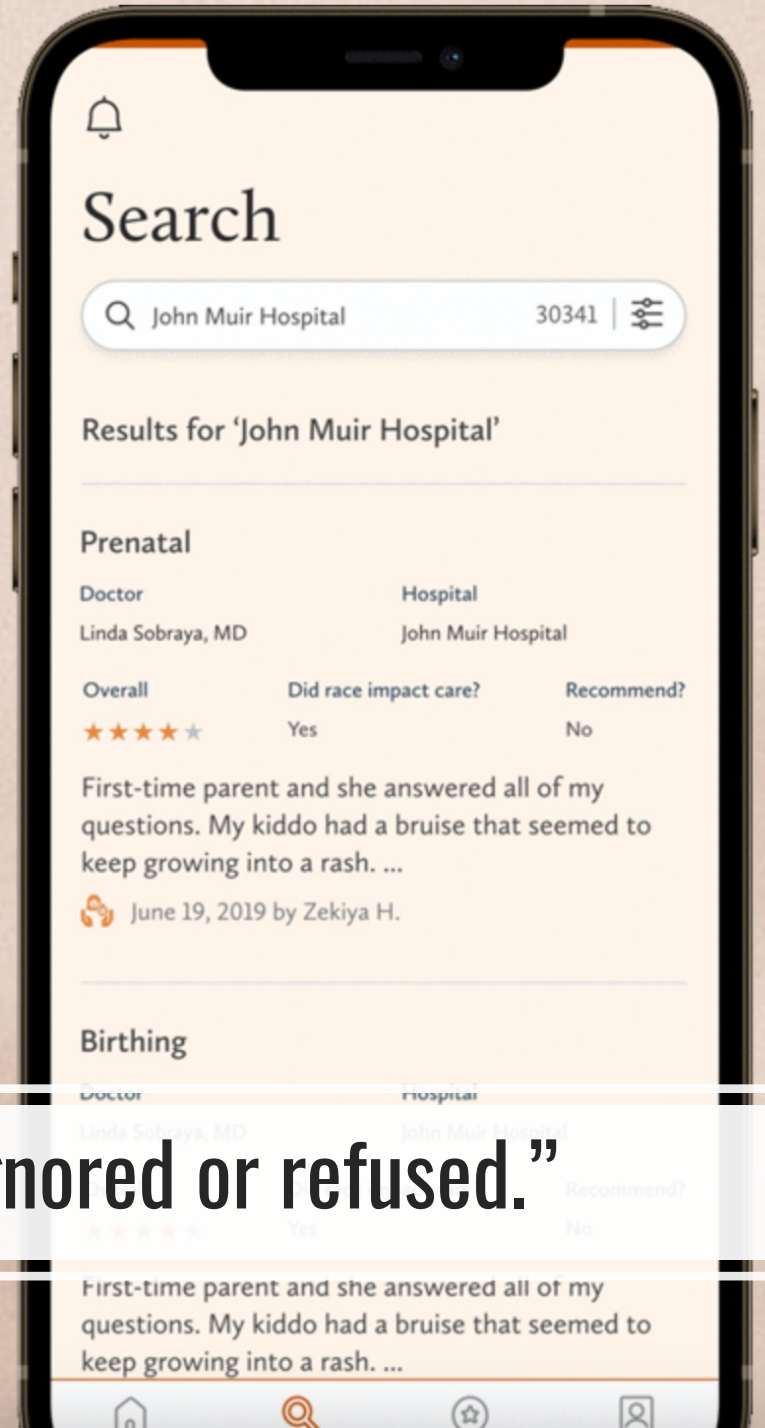


3 Laws of Exceptional Patient Care

There are **ALWAYS** **two experts** in the exam room



BIRTH, BUT WE DROPPED THE B FOR BIAS.



#1. "My requests for help were ignored or refused."

Download on the App Store

GET IT ON Google play



As in Birth, but we dropped the “B” for bias.

A review and recommendation platform and data aggregator engine for Ob/GYNs, birthing hospitals, and pediatricians made just for Black and brown parents.

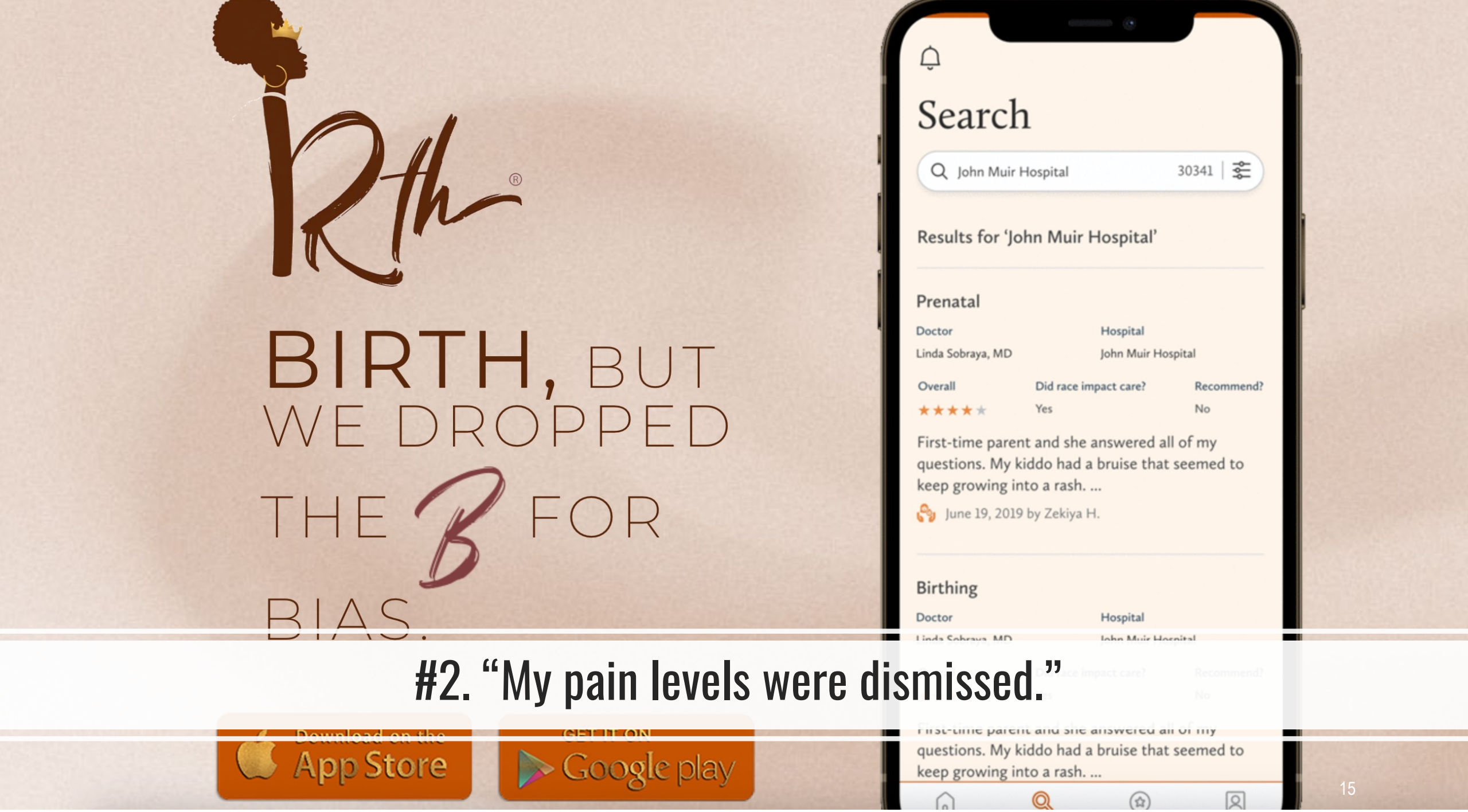
- Leave ratings and reviews of birth experiences, prenatal, postpartum, and pediatric appointments.
- Search reviews by hospital, doctor, or zip code

IrthApp.com

3 Laws of Exceptional Patient Care

PAIN is a **Vital Sign** that requires **URGENCY**





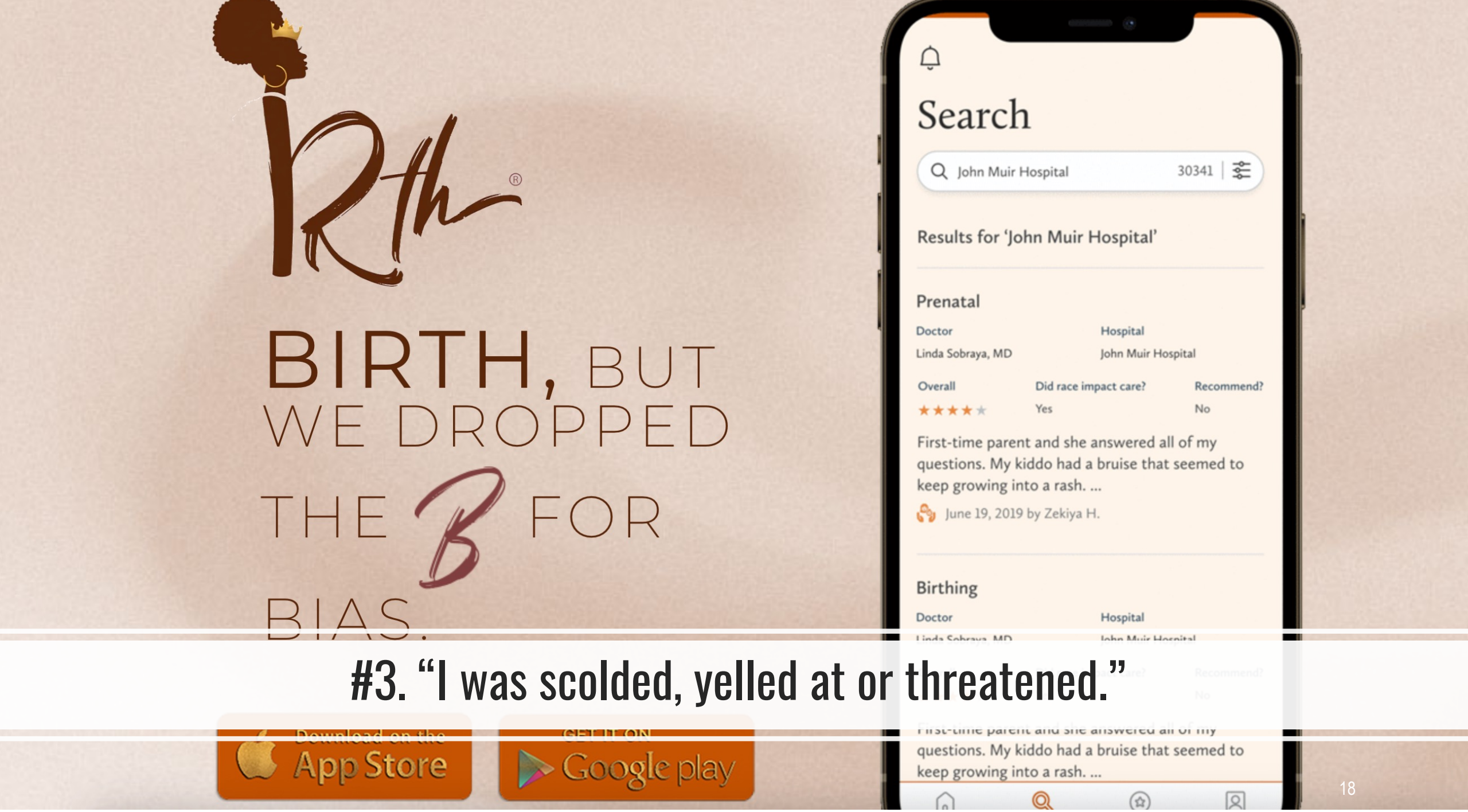
#2. "My pain levels were dismissed."

3 Laws of Exceptional Patient Care

Medical Bias is REAL!
Everyone **Needs/**
Deserves an **ADVOCATE**







#3. "I was scolded, yelled at or threatened."

3 Laws of Exceptional Patient Care

1. **There** are **ALWAYS** **two experts** in the exam room
2. **PAIN** is a **Vital Sign** that requires **URGENCY**
3. **Medical Bias is REAL!** Everyone **Needs/ Deserves** an **ADVOCATE**

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